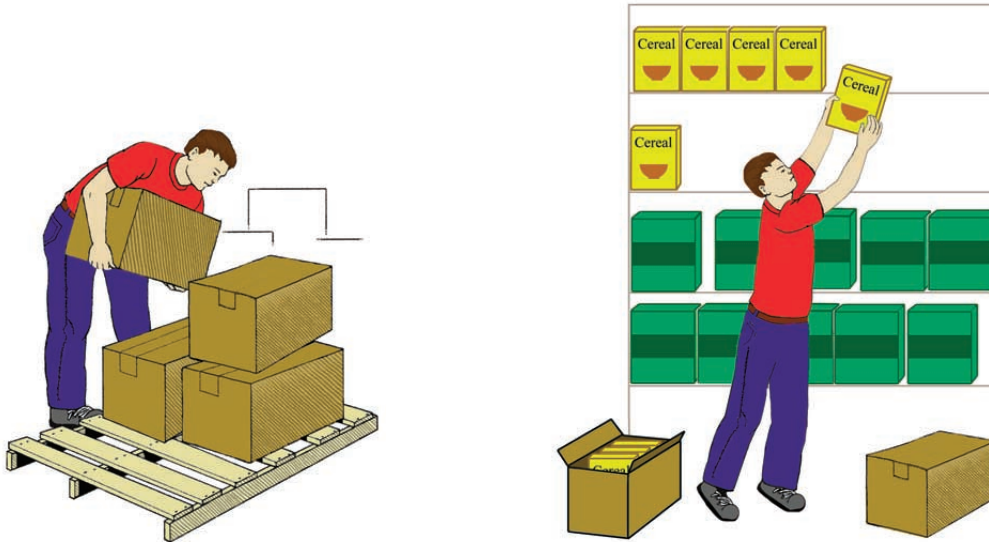


## Lifting: What is dangerous about this job?



Stephen works in a grocery store stocking shelves. He has to move cases of cereal from the back room to the cereal aisle where he opens the boxes and puts the individual cereal boxes on the shelves. He lifts the cases off a pallet on the floor, and carries them one by one to the aisle, where he opens each case to take out the cereal boxes. Some of the shelves are very high and he has to reach up to get them on the higher shelves.

**What is dangerous about this job?**

**How can Stephen work safely?**