

BOYS AND GIRLS

SUMMER BASKETBALL CAMP

Aug 22-26, 2016

Times: M-T 8:30-2:30pm F 8:30-1pm

Camp Schedule

Monday—Thursday

8:30am-10:30am Skills training

10:30am—12pm Games Session

12pm—12:30pm Lunch

12:30pm—1:45 Team Skills training

1:45pm - 2:30pm Games Session

Friday

8:30am—11am skills training

11am—1pm Games Finals and contests

Camp Director:

Frank Keltos

Coaches:

OBA Coaches and High School Players Registration includes: reversible jersey

Skills Covered: Ball handling and dribbling moves, Shooting form and shooting drills, driving/attacking basket, cutting and screens, defense and rebounding, and speed agility and quickness drills

Camp will be divided into Age and Skill

Where:

Thorold High School

50 Ormond sr, Thorold

When: August 22-26, 2016

Times: Monday—Thursday

8:30am-2:30pm

Friday 8:30 am—1pm

Boys and Girls

Ages 7-14 years old

Price: \$135

Send registration by mail or scan and

email to frank.keltos@dsbn.org

Cheques payable to Frank Keltos



Liability Waiver

Parent	Guardian	signature	

Date			
Date_	 		

Name:
Age/Grade: Shirts Size:
Ability level:
Email:
Health Card#
Address:
Medical Info:
Emergency Contact Numbers/names