

St. Catharines Collegiate Saints Basketball Camp featuring



Camp Schedule

Monday –Thursday

9am to 11am Mihai Raducanu –
Skills Training

11am to 12:30pm Game session

12:30pm to 1pm Lunch

1pm to 1:40pm Team skills
training

1:40pm to 3pm Game session

Friday Schedule

9am to 11am Mihai Raducanu –
Skills Training

11am to 1pm Game session
finals

Camp Director:
Frank Keltos

Skill Trainers:
Mihai Raducanu
Mike Hurley

Registration includes a
reversible jersey, prizes and
awards.

Awards will be given out on
Friday.

Skills Covered:

- ball handling and dribbling moves
- shooting form and shooting drills
- driving/attacking the basket
- cutting and screening
- defense and rebounding
- speed, agility and quickness drills

Where:

Eden High School
535 Lake St., St. Catharines

When:

August 19 - 23, 2013

Times:

Monday - Thursday 9AM - 3PM

Friday 9AM - 1PM

Boys and Girls

Ages 7-14 years old

Price: \$130/player

Register online at

www.nolimitperformance.ca

