



## Health and Safety 101

[www.hs101.ca](http://www.hs101.ca)

### Student Safety Quiz: Are you ready for work?

**Step 1:** Go to the Health and Safety 101 website: [www.hs101.ca](http://www.hs101.ca)  
This website has lots of information that will help you learn about safety at work.

**Step 2:** Work through the website, watching the video clips, taking the quizzes on the site and reading all the information.

**Step 3:** Take the quiz below and see how much you've learned about safety at work.

There is only ONE correct answer for each question.

#### SAFETY MATTERS > BE AWARE

1. Young workers are injured, made ill or killed on the job:
  - a) Once in a while
  - b) Every day
  - c) Sometimes
  - d) Not at all
2. From the video, what was the name of the 21-year-old who lost his arm?
  - a) Mario
  - b) Sean
  - c) Frank
  - d) Marco

3. Being aware of the laws that protect you and the hazards that can hurt you can prevent workplace injuries.
  - a) True
  - b) False

#### SAFETY MATTERS > HEALTH AND SAFETY LAWS

4. Most workers in Ontario are protected under:
  - a) Canada Labour Code, Part 2
  - b) International Labour Act
  - c) Ontario's Occupational Health and Safety Act (OHSA)
  - d) All of the above
  - e) None of the above
5. Everyone has responsibilities for making the workplace safe. This is called the Internal Responsibility System (IRS). Safety at work requires workers, supervisors, employers and worker representatives to participate in making the workplace safe.
  - a) True
  - b) False
6. A Joint Health and Safety Committee is made up of management and workers. They meet regularly to discuss issues about health and safety. In general, this committee must be formed in workplaces with:
  - a) Less than 6 employees
  - b) 6 to 19 employees
  - c) 20 or more employees
  - d) None of the above
7. Ministry of Labour inspectors can give tickets and lay charges against companies and people breaking the law.
  - a) True
  - b) False

## SAFETY ROLES > EMPLOYER'S ROLE

8. Your employer is responsible for your health and safety at work.
- a) True
  - b) False
9. What is one thing a supervisor should NOT do?
- a) Make sure workers follow the law and the company's safety rules
  - b) Tell workers about any job hazards or dangers
  - c) Make sure workers use safety equipment properly
  - d) Leave the new worker to learn on their own
10. When you start a new job, training should include:
- a) Company safety rules
  - b) Emergency procedures
  - c) How to do your job safely
  - d) How to use personal protective equipment
  - e) How to operate machinery and equipment safely
  - f) All of the above

## SAFETY ROLES > WORKER'S ROLE

11. You are an important part of health and safety in your workplace. Choose the one thing you are NOT supposed to do.
- a) Obey the law
  - b) Use machines and equipment safely
  - c) Wear required personal protective equipment
  - d) Fix all hazards before notifying your boss
  - e) Work safely and don't fool around

## SAFETY ROLES > YOUR RIGHTS

12. Training should first be given:
- a) After you start your job
  - b) While you are doing the job
  - c) After you are finished the job
  - d) Before you start the job
13. In the example on the website, what job does Jerod have?
- a) Cook in a fast food restaurant
  - b) Clerk in a hardware store
  - c) Janitor in a hardware store
  - d) Painter with a painting company
14. Why should Jerod refuse to put the trash into the compactor?
- a) He doesn't like his supervisor
  - b) He has never used the trash compactor before
  - c) His supervisor is too difficult
  - d) His supervisor is too busy

## WORK HAZARDS > RECOGNIZING HAZARDS

15. A workplace hazard is anything that can hurt you, make you ill or can cause damage to property.
- a) True
  - b) False
16. In the "spot the hazard" section, what was the man doing?
- a) Cooking fries
  - b) Wiping a baby's nose
  - c) Looking at chemical detergents
  - d) Lifting boxes from a high shelf



17. A cleaning product is an example of what type of hazard?

- a) Physical
- b) Environmental
- c) Biological
- d) Chemical
- e) Ergonomic

### WORKPLACE HAZARDS > WHMIS

18. What do the letters in the term WHMIS stand for?

- a) Workplace Healthy Materials Information System
- b) Workplace Hazardous Materials Information System
- c) Workplace Hazardous Materials Information Sheet
- d) Workplace Healthy Materials Information Sheet
- e) Worker Health Management Information System

19. How long did Sean live after he was burned?

- a) 1 hour
- b) 2.4 hours
- c) 12 hours
- d) 24 hours

20. How many WHMIS symbols are there?

- a) 2
- b) 4
- c) 6
- d) 8
- e) 10

21. All WHMIS products must have a label on them to tell you that they are dangerous. Labels provide information on how to work safely with the products. What can you always find on a WHMIS label?

- a) A distinctive border
- b) WHMIS symbols
- c) MSDS
- d) Both a and b
- e) None of the above

22. What do the letters MSDS stand for?

- a) Material Supplier Data System
- b) Material Safety Data System
- c) Material Safety Data Sheet
- d) Material Supplier Data Sheet

23. In the video, Natalia wears protective gloves and a face mask while working with chemicals.

- a) True
- b) False

### STAYING SAFE > CONTROLLING HAZARDS

24. A machine “lock-out” system protects you from the machine accidentally starting up when it is being set up, cleaned or adjusted.

- a) True
- b) False

25. You can prevent the spread of germs (biological hazards) by washing your hands.

- a) True
- b) False

26. In the video, the woman and child are in what type of workplace?

- a) A factory
- b) An office
- c) A fast food restaurant
- d) A day care centre
- e) A house



## STAYING SAFE > PERSONAL PROTECTIVE EQUIPMENT

27. What has Shirin been given to wear to protect her as she prepares to clean the parts for painting?
- a) Steel toe boots
  - b) A heavy jacket
  - c) A hard hat
  - d) All of the above
  - e) None of the above
28. If Shirin is unsure if a paper dust mask and cotton gloves are the right equipment to protect her from the chemicals she will be working with, she should check:
- a) The label on the cleaning product
  - b) The MSDS
  - c) With her supervisor
  - d) All of the above
  - e) None of the above

## STAYING SAFE > EMERGENCIES

29. Emergencies can include fires, explosions, injuries, hazardous materials spills, natural disasters and violence.
- a) True
  - b) False
30. Where does Julio work?
- a) In a factory
  - b) In a day care centre
  - c) In a restaurant
  - d) At home
  - e) I don't know

## STAYING SAFE > REPORTING INJURIES

31. If you get hurt, what is the first thing you should do?
- a) Get first aid treatment
  - b) Tell your supervisor
  - c) Get medical care if necessary
  - d) Arrange for transportation to get medical care, if needed
  - e) All of the above
32. In the example, what should Philippe's supervisor ensure happens next?
- a) Dave stops the bleeding so Philippe can go back to work
  - b) Safety controls are put in place for using the knife
  - c) The Health and Safety Representative is notified
  - d) That Philippe gets transportation to the hospital
  - e) That the blood is cleaned up

## REVIEW QUESTIONS

33. Being trained is an important first step in preventing injuries.
- a) True
  - b) False
34. Health and safety works best when everyone at work participates in making the workplace safe.
- a) True
  - b) False

## BONUS QUESTION

The Ministry of Labour has a website for new and young workers that provides information on health and safety and employment laws. Go to [www.WorkSmartOntario.gov.on.ca](http://www.WorkSmartOntario.gov.on.ca) to find the answer to the next question.

35. How old do you have to be to do construction work?
- a) 14
  - b) 15
  - c) 16
  - d) 18

